



15 Cancer Symptoms Women *Should* *NOT* Ignore

<http://www.slideworld.org/slideshow.aspx/15-Cancer-Symptoms-ppt-2843657>

Women are generally more vigilant than men on health care matters





But

Exceptions are always there ...



**There are some signs of cancer that
women generally, carelessly ignore**

...

No. 1: Unexplained Weight Loss



Delighted to see yourself **losing weight without actually trying to?**

Beware!

Expect your doctor to run tests to check the thyroid and perhaps order a CT scan of different organs.

No. 2: Bloating

Bloating is so common that many women just live with it. But it could point to ovarian cancer.

Notice symptoms like

- **abdominal pain**
- **pelvic pain,**
- **feeling full quickly -- even when you haven't eaten much**
- **and urinary problems**, such as having an urgent need to go to the bathroom.



No. 3: Breast Changes

- **Redness and thickening of the skin on the breast**, which could indicate inflammatory breast cancer
 - **Change in the look of a nipple,**
 - **unusual discharge**
- are generally ignored.

No. 4: Between-Period Bleeding or Other Unusual Bleeding

- Premenopausal women tend to ignore **between-period bleeding**
- Also bleeding from the GI tract
- So does bleeding after menopause,

These are symptoms of
endometrial cancer
colorectal cancer



No. 5: Skin Changes

Most of us know to look for any changes in moles -- a well-known sign of skin cancer. But we should also watch for **changes in skin pigmentation**

Sudden scaling of the skin or bleeding are some other symptoms of skin cancer.



No. 6: Difficulty Swallowing

Experiencing **difficulty in swallowing**?

Switched to shakes and soups, haven't you?

But this is a very prominent sign of GI cancer, such as in the esophagus



No. 7: Blood in the Wrong Place

If you notice **blood in your urine or your stool**, don't assume it's from a hemorrhoid. It could be colon cancer.

Coughing up blood should be evaluated, too



No. 8: Gnawing Abdominal Pain and Depression

Got a pain in the abdomen?

feeling depressed?

You need a check up right away.

Researches prove that there is a link between depression and pancreatic cancer



No. 9: Indigestion

Indigestion during pregnancy or while gaining weight is normal. But

indigestion for no apparent reason may be a red flag.

It could be an early clue to cancer of the esophagus, stomach, or throat.



No. 10: Mouth Changes

Smokers should be especially alert for any **white patches inside the mouth or white spots on the tongue.**

Both can point to a precancerous condition called leukoplakia that can progress to oral cancer.



No. 11: Pain

Pain that persists and is unexplained needs to be checked out.

They can be an early symptom of some cancers



No. 12: Changes in the Lymph Nodes

If you notice a **lump or swelling in the lymph nodes under your armpit or in your neck** -- or anywhere else -- it could be worrisome

No. 13: Fever



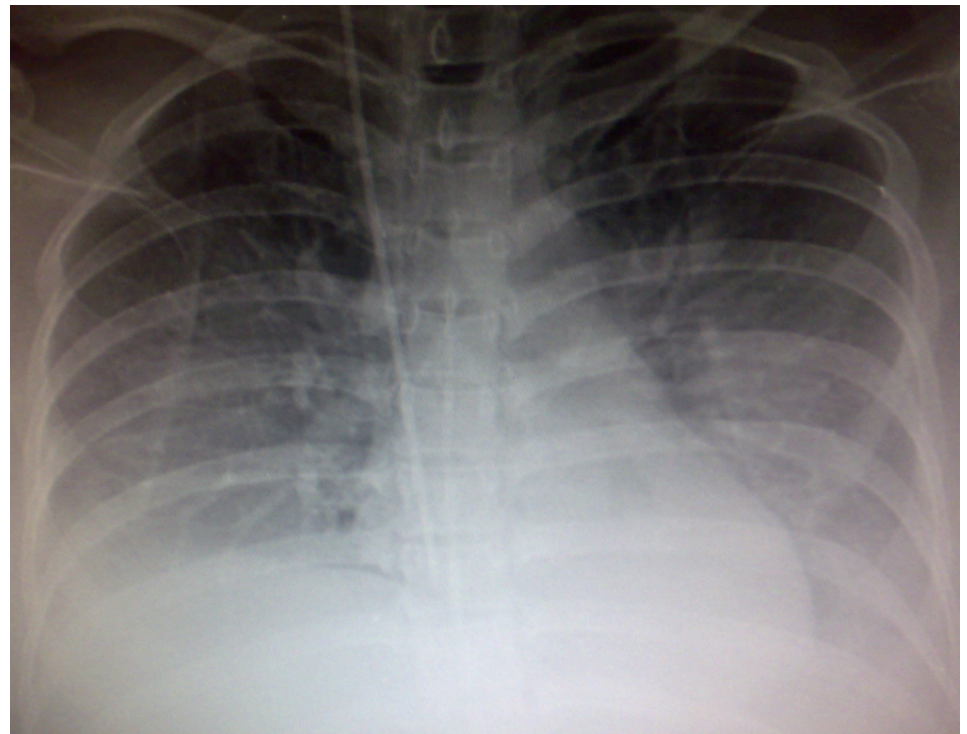
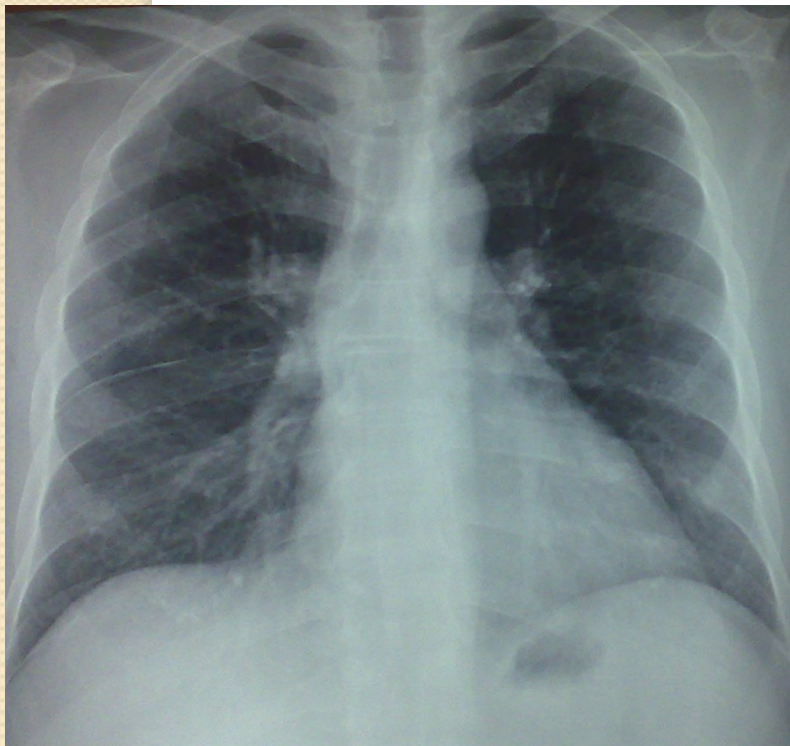
If you have a fever that isn't explained by influenza or other infection, it could point to cancer. O Yes! That's True/

Fevers more often occur after cancer has spread from its original site, but it can also point to early blood cancers such as leukemia or lymphoma,

Other cancer symptoms can include jaundice, or a change in the color of your stool.

No. 14: **Fatigue**

Fatigue is another vague symptom that could point to cancer



No. 15: **Persistent Cough**

a very prolonged cough -- defined as lasting more than three or four weeks – can mean cancer.

